

J&K SEMINARS HOME STUDY CE TEST

Suicide Assessment & Management

Ethical Standards of Care & Preventing Medical Errors

Presented By: M. David Rudd, Ph.D., ABPP (R0707)

Test Tips:

1. Test questions are in the same order as the presentation.
2. The enclosed handouts supplement the program, but were not used to write this test.
3. If you think a test question is ambiguous, please write notes next to the question to justify your answer. We will score the item correct if it seems clear you listened to the program.

To receive CE Credit: Listen to the program. Complete attached CE test and Feedback Form.

FAX TO (717)393-4605

OR

Mail To:

J&K Seminars CE Home Study
1861 Wickersham Ln
Lancaster PA 17603-2327

CE Test Fee - \$45 ___ Check Enclosed ___ MC, Visa, Discover, AMX

CC# _____ Exp Date _____

CV# _____ (Last 3 Digit CV# on back of Visa/MC/Disc or 4 Digit CV# on front of AMX)

Signature _____

There is no time limit to submit this test. You must score 75% or better for CE documentation. If you do not score at least 75%, we will send you a retest. Only one retest is permitted. There is no time limit to submit a retest.

Please Check Your Profession(s)

- | | | |
|--|--|---|
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> Nurse | <input type="checkbox"/> D&A Professional |
| <input type="checkbox"/> Social Worker | <input type="checkbox"/> MFT | <input type="checkbox"/> Occupational Therapist |
| <input type="checkbox"/> Counselor | <input type="checkbox"/> PA School Personnel | |

for ACT 48 Credits, provide PPID _____

J&K Seminars is approved by the following organizations to provide 6 CE Hours Credit for this program: 3 HOURS ETHICS

- **American Psychological Association** J&K Seminars, LLC is approved by the **American Psychological Association** to sponsor continuing education for psychologists. J&K Seminars, LLC maintains responsibility for this program and its content
- **Association of Social Work Boards (ASWB)** J&K Seminars, LLC, provider #1080, is approved as a provider for social work continuing education through the Approved Continuing Education (ACE) program. J&K Seminars, LLC maintains responsibility for the program
- **National Board for Certified Counselors** J&K Seminars, LLC is recognized to offer continuing education for National Certified Counselors. We adhere to NBCC continuing education guidelines. Provider #5599
- **American Nurses Credentialing Center's Commission on Accreditation** J&K Seminars, LLC is approved by the PSNA, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation
- **American Occupational Therapist Association (AOTA)** – Provider #5180 *The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA.*

Specific State Board Approvals

- **California, Florida, Illinois, Ohio, Pennsylvania** J&K Seminars, LLC is an approved provider of continuing education by the California Board of Behavioral Sciences (PCE 2780) - Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling - Illinois Dept. of Professional Regulations (Registered Social Worker Continuing Education Sponsor - Lic # 159-000833) -Ohio Counselor and Social Worker Board – Pennsylvania Certification Board (PCB) D&A (ICRC/AODA) – PA Dept of Education (Act 48) - Pennsylvania Board of Social Workers, Counselors, and Marriage & Family Therapists

Check CE requirements for your profession and state on our website: www.jkseminars.com

Questions? Call J&K Seminars (800) 801-5415

Do not make copies of this test

Please contact J&K Seminars if you need additional tests

Suicide Assessment & Management

Presented By: M. David Rudd, Ph.D., ABPP (R0707)

Test Taker Information

Please print information exactly as you wish it to appear on your CE certificate.

Name _____ Credentials (e.g. Ph.D., LCSW) _____

Agency (Optional) _____

Mailing Address to receive CE certificate: Home Work

Address _____

City _____ State _____ Zip _____

Phone() _____ Fax() _____

E-mail _____

WARNING: You must complete this test alone. It is unethical to consult with others about the answers to this test.

Instructions: Circle the most correct answer based on the presentation. If you think a question is ambiguous, please write notes next to the question to justify your answer.

- 1 The intent to die is fluid.
 - a. True
 - b. False

- 2 Approximately 10% of mental health professionals will have a patient commit suicide.
 - a. True
 - b. False

- 3 At least 215 subjects died by suicide in clinical trials of anti-depressants.
 - a. True
 - b. False

- 4 The risk of suicide is highest the first week following discharge from hospital evaluation for suicidal thinking.
 - a. True
 - b. False

- 5 Suicide of mental health patients is always foreseeable.
 - a. True
 - b. False

- 6 It is important to record discrepancies between self-report and screening instruments.
 - a. True
 - b. False

- 7 Therapists should acknowledge suicide as a patient's option.
 - a. True
 - b. False

MORNING BREAK

- 8 Informed consent should raise the issue of death as a risk of treatment.
 - a. True
 - b. False
- 9 Dr. Rudd's suicidal patients understand that he will not see them for a week following a suicide attempt.
 - a. True
 - b. False
- 10 All people have a suicidal mode.
 - a. True
 - b. False
- 11 The Beck instrument is more predictive of suicidal risk than asking how depressed and hopeless a person is.
 - a. True
 - b. False

LUNCH

- 12 It is wise to document a 'prediction of suicide' in the records of high risk suicidal patients.
 - a. True
 - b. False
- 13 It is desirable to document non-lethal behaviors as 'gestures.'
 - a. True
 - b. False
- 14 It is important to document the presence or absence of injuries following suicide attempts.
 - a. True
 - b. False
- 15 Patients who are thinking about death should be documented as suicidal.
 - a. True
 - b. False
- 16 Patients at highest risk tend to withhold information about the contemplated method of suicide.
 - a. True
 - b. False
- 17 Prior suicide attempts are an 'aggravating' risk factor.
 - a. True
 - b. False
- 18 Willingness to participate in therapy is an indication of hope.
 - a. True
 - b. False
- 19 It is desirable to assess current suicide crises before inquiring about past suicide incidents.
 - a. True
 - b. False
- 20 Frequency of suicidal thoughts is more important than duration of suicidal thoughts.
 - a. True
 - b. False
- 21 Pregnancy is a protective factor, especially for bipolar patients.
 - a. True
 - b. False

- 22 There is empirical data to support the superiority of inpatient compared to outpatient treatment for patients at chronic risk of suicide.
 - a. True
 - b. False

- 23 Dr. Rudd never uses telephone monitoring with suicidal clients.
 - a. True
 - b. False

- 24 Access to firearms always requires documentation of direction and follow-up.
 - a. True
 - b. False

- 25 It is desirable to quote actual patient statements regarding suicidal intent.
 - a. True
 - b. False

- 26 No-suicide contracts reduce potential liability in the event the patient commits suicide.
 - a. True
 - b. False

- 27 Treatment agreements are appropriate with high risk patients.
 - a. True
 - b. False

- 28 It is important for patients to show items in their 'hope boxes' to their therapist.
 - a. True
 - b. False

- 29 Crisis Response Plans should include external interventions.
 - a. True
 - b. False

- 30 Exploring clients' feelings is a first positive step in responding to client provocations.
 - a. True
 - b. False

END

WARNING: You must complete this test alone. It is unethical to consult with others about the answers to this test.

I have completed this home study CE course and I have taken this test without help or consultation.

Signature

Degree/License

Date

Feedback Form

Suicide Assessment & Management

Presented By: M. David Rudd, Ph.D., ABPP (R0707)

Dear Participant:

Thank you for completing this program. We value your comments. Please complete and return this form with your test.

1. How helpful was the program in increasing your understanding of:

	<u>Very Helpful</u>		<u>Some Help</u>		<u>No Help</u>
1) Understanding Suicidality and the Standard of Care	5	4	3	2	1
2) A Model for Suicide Risk Assessment	5	4	3	2	1
3) Suicide Intervention and Management	5	4	3	2	1
4) The Essentials of Documentation	5	4	3	2	1

2. How effective was Dr. David Rudd in presenting this program?

	<u>Very Effective</u>				<u>Ineffective</u>
	5	4	3	2	1

3. How knowledgeable was Dr. David Rudd regarding the material he presented?

	<u>Most Knowledgeable</u>				<u>Least Knowledgeable</u>
	5	4	3	2	1

Comments regarding Dr. David Rudd's quality of instruction and teaching ability:

4. **BEFORE** you began this program, how valuable did you anticipate this program would be for you?

	<u>Very Valuable</u>				<u>No Value</u>
	5	4	3	2	1

5. **NOW** that you have finished this program, how valuable did you find it?

	<u>Very Valuable</u>				<u>No Value</u>
	5	4	3	2	1

Have you completed other J&K Seminar home study programs? ___Yes ___No

Now that you have completed this program, how inclined are you to order other programs?

	<u>Highly Inclined</u>		<u>Somewhat Inclined</u>		<u>Disinclined</u>
	5	4	3	2	1

Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):