

Services for All Ages

*All out-of-network services require prior authorization.

Outpatient Adjunct:

- Available to members living in Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Serves all age groups.
- A request for outpatient treatment that runs concurrently with another behavioral health treatment and therefore may not be medically necessary and considered a duplication of services (i.e. mental health outpatient with FBMHS). Mental Health Outpatient with a Substance Use Disorder treatment or vice versa is not considered adjunct and does not require prior authorization
- This service requires prior authorization.

Targeted Case Management (TCM):

- Available to members living in Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Serves all age groups.
- Community-based service provided to adults or children with serious mental illness or emotional disorders. TCM is designed to ensure that individuals and their families gain access to needed medical, social, and educational services as well as other agencies to support individual needs.
- This service requires prior registration.

Psychological/Neuropsychological Testing:

- Available to members living in Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Serves all age groups.
- Psychological Testing of personality characteristics, symptom levels, intellectual level or functional capacity is sometimes medically necessary to assist with diagnosis and/or treatment planning for behavioral health disorders and/or psychological factors affecting medical conditions.
- Neuropsychological Testing is typically used for individuals with developmental delays. This type of testing is most often used to screen for autistic spectrum disorders; but may be used to determine intellectual disabilities in some cases when prior testing is not available or accessible through other sources.
- This service requires prior authorization.

Mental Health Partial Hospitalization Program (MH PHP):

- Available to Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Child/ Adolescent Partial serves age 7-17, population varies by provider.
- Adult Partial serves adults ages 18 and older, population varies by provider.
- PHP offers day programming for mental health needs through group therapy, individual and family therapy as needed and psychiatric consultation.
- Evidenced based treatment option for adolescents and is designed to address suicidal and non-suicidal self-injurious behavior, while working to solve life's problems in a more adaptive way. DBT includes individual, family, and group therapies.
- This service requires prior authorization.

Mental Health Inpatient Hospitalization Program (MH IP):

- Available to Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Serves all age groups, population varies by provider.
- 24 hours residential/hospital program for member at risk to harm self or others and treats mental health needs through group therapy, individual and family therapy as needed and psychiatric consultation.
- Typically, brief length of stay to stabilize symptoms so individual can return to community-based services.
- This service is an out-of-home level of care.
- This service requires prior authorization.

Substance Use Disorder: Intensive Outpatient Services (ASAM 2.1):

- Available to members living in Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.
- Serves all age groups — population varies by provider.
- This service requires prior registration.

Substance Use Disorder: Partial Hospitalization (ASAM 2.5):

- Available to Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, Cumberland, Perry counties.
- Serves all age groups, population varies by provider.
- This service requires prior authorization.

SUD Residential:

- Available to Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, Cumberland, Perry counties.

- Serves all age groups, population varies by provider.
- This service requires prior authorization.

Substance Use Disorder: Clinically Managed Low-Intensity Residential Services, Halfway House [ASAM 3.1].

Substance Use Disorder: Managed Medium-Intensity Residential Services, Non-Hospital Hospital Based [ASAM: 3.5] Non-Hospital Hospital Based Rehab.

Substance Use Disorder: Medically Managed Intensive Inpatient Services, Hospital Based [ASAM: 4] (Hospital Based Rehab).

Substance Use Disorder: Medically Monitored Intensive Inpatient Withdrawal Management [ASAM: 3.7-WM] (Detox).

Substance Use Disorder: Medically Managed Intensive Inpatient Withdrawal Management [ASAM: 4-WM] (Detox).

Substance Use Disorder: Medically Managed Intensive Inpatient Services, Hospital Based [ASAM: 4] (Hospital Based Rehab).