

# Embracing and Understanding the Family Perspective

Presented by PerformCare and Facilitated by Lisa Kennedy

Part 2

June 7, 2024



# Presenter's Info



- Mother of 4
- Grandmother of 5
- Family Peer Support Specialist -York County Department of Human Services
- Chair - 4 MH local/state committees
- VP, York City School Board
- Chair - Racial Equity Investment Fund
- Family Tri Chair - PA Partnership/Systems of Care
- Facilitator - FE(youth/family), Advocacy, Crucial Conversations about Race, DEI, Race, Self Care,



## Who's in the room?

- Please use the chat box
- Share your name and role





# Session Goals

- What it means to inclusive
- Family Considerations
- How to use family voice and WHY
- Embracing a new vision





## Brief Recap - what did you learn from Part 1?

- Let's talk about it!!
- Group share





# What Does It Mean to be INCLUSIVE?

- Some food for thought!

# What Does It Mean to be INCLUSIVE?

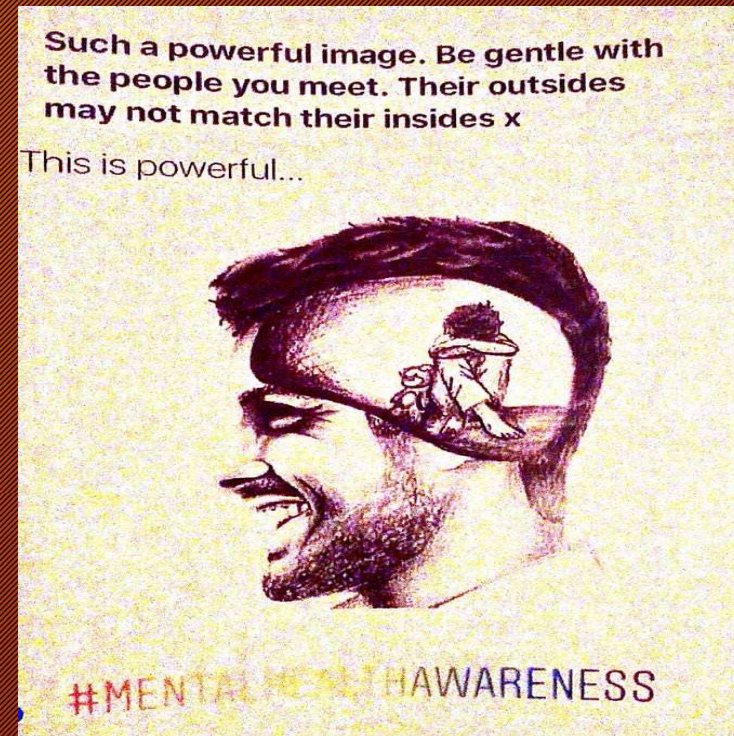




# SMILE FOR THE CAMERA.....

- Think about who stands in front of you.
- With whom are you communicating?

Having an AWARENESS is key!





# Family Considerations -





## Considerations - What is needed

- Friendly greeting or welcome
- Timely Responses
- Accurate information given
- Important referral information shared
- Appropriate contact for follow -up





# Just ONE!!

Encourage each person to see the light  
at the end of the tunnel

What's the VALUE of JUST ONE??

By the way - YOU need you're ONE,  
too!!





# Using Family Voice!

## How do you-

- Utilize lived experience from families or individuals?
- Collect their input?
- Support/development of family leaders in your organization -
- What do you see as benefits of family voice?
- Allow family voice to bridge the gap?

## Group Discussion -





# Using Family Voice

Family- seeing through stained glass windows/prisms



Professional- clear glass window





# What's New and/or different? How will you see your role?



**Taking Risks**

Being Bold



**Determining Value**

Validation



**Creating Opportunity**

Making Room for others

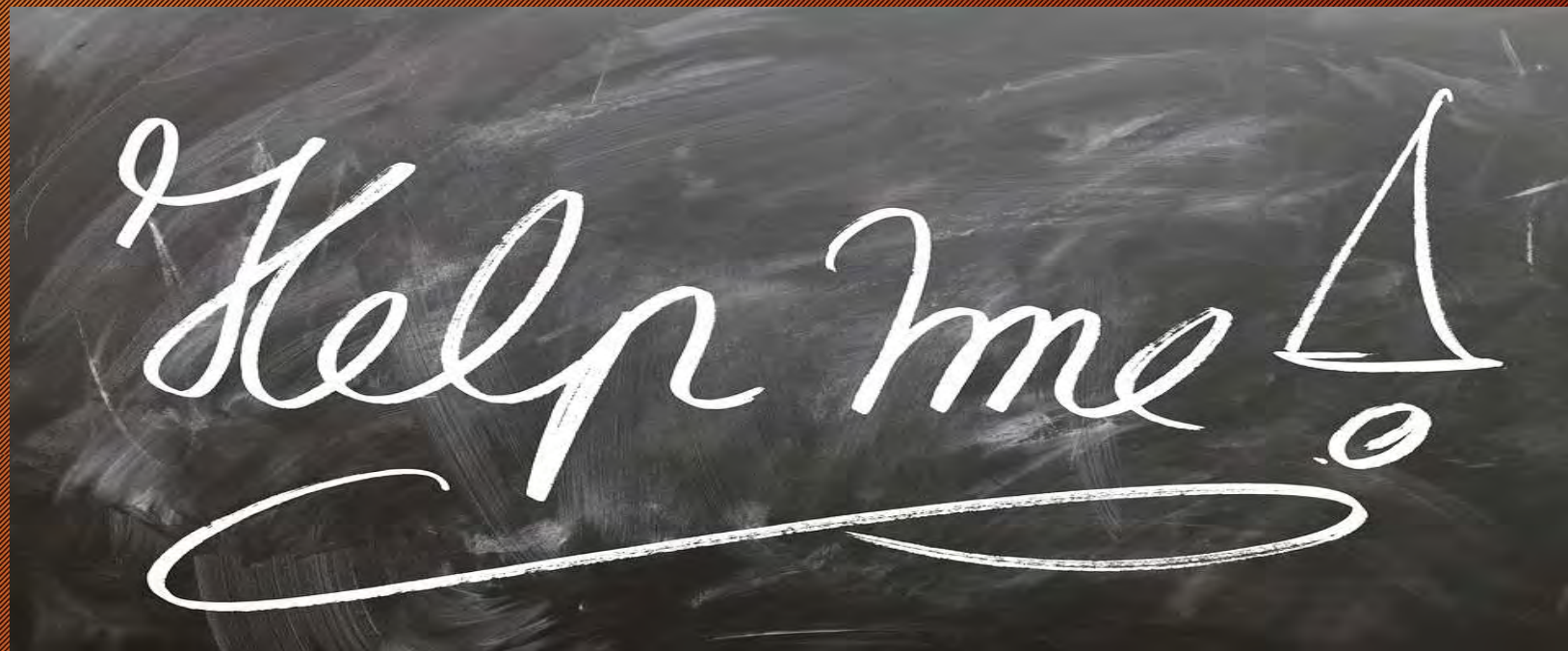


**Running the Race**

One Step at a Time



## Resources and helpful information





# “STAY WOKE”



- Pay attention to each person- including yourself
- Be available – emotionally \*Take care of your stuff \*Remember to exhale
- Don't feel guilty about taking time for yourself
- Ask questions of humanserviceHumaf your children – how's your day
- Don't be afraid to ASK for HELP!







# FAMILY FACT FORM

- One place for pertinent information
- Ease of sharing with Providers
- Ease of updating family info
- Prevents pressure on youth

**MY FAMILY FACTS**

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
Address: \_\_\_\_\_  
Primary Contact Number: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Parent(s) Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address(if different from above): \_\_\_\_\_  
Emergency Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_  
Child's Strengths: \_\_\_\_\_  
Child's Challenges: \_\_\_\_\_  
Diagnosis(es): \_\_\_\_\_  
Allergies: \_\_\_\_\_  
Medication with dosage:


Child's Triggers: \_\_\_\_\_  
Name of School/Facility: \_\_\_\_\_  
List current Service Agencies Involved: \_\_\_\_\_  
Current Student Goals:

School Goals:	
Community Goals:	
Personal Goals:	
Social Skills Goals:	
Current Goal Plan(s): (IEP, FSP,...)	

Other Info:

Lisa M. Kennedy 05/16



# Key Takeaways from both days!

Each person matters  
See yourself in the families you serve  
Embrace the differences among all  
Share resources





# Questions or Comments





# Lisa Kennedy - Presenter

- Contact Info:
- Email: [Lmkennedy1@yahoo.com](mailto:Lmkennedy1@yahoo.com)
- Phone: 717.818.7766
- Family Peer Support Specialist
- Thank you very much!

