

Virtual Speaker Series

Intellectual Disability and Developmental Disabilities (ID/DD) – Overview of Clinical, Familial, Provider, and Caregiver Perspectives



Studies have shown that during the COVID-19 pandemic, people with intellectual and developmental disabilities (ID/DD) may have had a higher risk for infection and other negative effects from COVID-19 than people without ID/DD.* These findings create an opportunity for people living with ID/DD and their caregivers to advocate equitable health care.

PerformCare offers this multifaceted educational presentation as a foundation on the biopsychosocial needs of people with ID/DD. This session will cover:

- Centers for Disease Control and Prevention (CDC) milestones and healthy child development
- Physical and mental health comorbidities
- Demographic prevalence
- Treatment during COVID-19
- Social policy issues and the need for advocacy
- Emerging research to promote the inclusion of minority populations
- Awareness versus acceptance
- Caregiver impact

Date: September 26, 2024

Time: 10 a.m. – noon

Presenter: Jason Rechtman, MA, MBA, LPC, NADD-DDS

Jason Rechtman is a licensed professional counselor who has focused his career on work with children and adults living with intellectual and developmental disabilities (ID/DD). Having served PerformCare New Jersey for 10 years through the roles of Clinical Care Coordinator, Care Coordination Supervisor, and Manager of Clinical Quality Management, Jason became Strategic Development Director of ID/DD Solutions for PerformCare and AmeriHealth CaritasSM. He is a PerformCare point person for clinically and systemically related ID/DD issues.

Before this, Jason was a clinician supervisor for a specialized, statewide crisis intervention team in New Jersey serving adults who are dually diagnosed with a mental health condition and a developmental disability. He has also brought his psychology expertise, experience on university faculties, and passion for training to educating families, entities such as government and hospital staff, and a police academy. Finally, Jason has been a psychiatric screener, providing emergency mental health care and assessment while also working with law enforcement and first responders.

Register by September 19. To sign up, visit https://www.surveymonkey.com/r/EmpoweringPeople_with_DD92624SR.

Free training and continuing education units (CEUs): LCSWs, LSWs, LPCs, and LMFTs may earn **two CEU credits** (pending approval). Registered participants will receive an email with session details and a session link during the week of the training.

Questions? Please email Stacey Rivenburg at srivenburg@performcare.org.

* Source: ¹“COVID-19 and People With Intellectual and Developmental Disabilities Final Report,” U.S. Department of Health and Human Services, July 2021, https://aspe.hhs.gov/sites/default/files/2021-07/COVIDIDDFR_0.pdf.