

Virtual Speaker Series

Contingency Management Overview

In the U.S., the rising use of substances, such as fentanyl and methamphetamine, has led to an unprecedented peak in reported overdose fatalities in recent years.¹ In this time of crisis, evidence-based interventions have come to the forefront of substance misuse attention and treatment.

Contingency management (CM) is an evidence-based treatment for substance use disorders. CM draws on the power of positive reinforcement to encourage healthy behavioral changes.



This 90-minute session will:

- Review the science of addiction, including the role of dopamine in substance use disorders
- Introduce the basic components of CM
- Discuss how the use of CM incentives in treatment can help rebalance reward centers in the brain
- Cover how CM can boost treatment engagement and outcomes



Date: Thursday, February 13, 2025

Time: 9 a.m. – 10:30 a.m.

Presenter: Jaime Mulligan, PsyD

Dr. Mulligan is a clinical psychologist with 23 years of experience working with evidence-based treatments. She oversees research into and community-based implementation of CM for youth, emerging adults, and adults. She has been the Principal Investigator for multiple National Institute on Drug Abuse-funded projects evaluating the effectiveness of CM implementation in nationwide community-based settings. She has trained hundreds of professionals in the use of CM across the U.S. and has helped develop training materials and implementation tools for addiction professionals.

Register by Thursday, February 6. To sign up, visit: https://www.surveymonkey.com/r/Contingency_Mgmt_SR

Free training and continuing education units (CEUs): LCSWs, LSWs, LPCs, and LMFTs may earn 1.5 CEU credits (pending approval). Registered participants will receive an email with details and a session link during the week of the training.

For help with questions, please email Stacey Rivenburg at srivenburg@performcare.org.

Source:

¹“Provisional Drug Overdose Death Counts,” Centers for Disease Control and Prevention, <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>.

PerformCARE[®]
pa.performcare.org