

## Provider Notice

**To:** All Mental Health Inpatient (MH IP) Providers  
**From:** PerformCare  
**Date:** September 14, 2022  
**Subject:** MH IP 22 103 MH IP Active Discharge Planning

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This Provider memo clarifies PerformCare's expectations for active discharge planning and after care appointments at discharge from Mental Health Inpatient (MH IP) treatment. Active discharge planning is expected to start on the first day of admission to MH IP. The MH IP Provider is expected to actively engage the member/family/guardian, PerformCare Clinical Care Manager (CCM), targeted case managers /county administrative case management, current treatment providers, including medications prescriber, and other team members in the planning and decision making for after care services.

All continued stay reviews with PerformCare CCM are required to have information on targeted discharge date, discharge planning and after care services. The MH IP provider should schedule and coordinate team meetings with the PerformCare CCM during the MH IP stay, when feasible. The team meetings should include, when involved with the member's support, the member/family/guardian, PerformCare CCM, targeted/ county administrative case management, current treatment providers including medications prescriber, and other team members.

PerformCare expects that all after care appointments are scheduled prior to discharge. The MH IP Providers lack of advance planning in setting up discharge appointments should not delay the member's discharge.

Please direct questions to the PerformCare Utilization Review CCM.

cc: Lisa Hanzel, PerformCare  
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Missy Reisinger, Tuscarora Managed Care Alliance  
PerformCare Account Executives