

Provider Notice

To: **All MH OP, FBMHS, CRR-HH/CRR-ITP, RTF and IBHS Individual, ABA & Group Providers**

From: **PerformCare**

Date: **February 3, 2023**

Subject: **MH 23-100 Children's Continuity of Care Protocols**

This notice is to inform providers of the newly developed Children's Continuity of Care Protocols. These protocols were developed based on feedback from Providers to assist members when transitioning between levels of care. **These service overlap periods will become allowable effective 3/6/2023.** The information below outlines circumstances where overlap of services is allowable.

1. OP therapy

- 1.1. Members currently receiving Mental Health (MH) Outpatient (OP) and transitioning to another level of care providing MH therapy may have up to three overlapping sessions of both MH services within 30 days of the new service start date. New services include: IBHS Individual (**MT**), IBHS Other (**FFT; YFACTS; MST; SPIN**), IBHS Group (Such as ASP)/Short Term Group, FBMHS and CRR-HH/CRR-ITP
 - 1.1.1. MH OP can continue after the 30 days overlap with the above listed services if it:
 - meets an adjunct treatment need (specialized treatment, e.g., eating disorder, trauma),
 - is not a duplication of services, and
 - is prior authorized.
 - 1.1.2. Providers should use PerformCare's adjunct OP process for these services.
- 1.2. Other than MH IP, PHP and RTF levels of care, Members discharging from any level of care to MH OP can have up to 3 overlapping sessions within 30 days of the new service start date.

2. Members transitioning from currently approved in-home level of care

- (FBMHS/MST/FFT/YFACTS/SPIN) to IBHS (Assistant BC-ABA/BA/BC/BC-ABA/MT/BHT/BHT-ABA)
- 2.1. Overlap allowed for both services to occur as authorized for duration of the IBHS assessment period. ***Note:** Does not apply to requests of immediate start of MT due to duplication of therapy services.
 - 2.2. The previously approved service will need to discharge prior to the start of the IBHS treatment and authorization.

3. IBHS Group (i.e., ASP/ Stepping Stones/Short-Term Group)

- 3.1. Written Order/Best Practice Evaluations would need to prescribe both services to run concurrently. Assessments are completed by providers following approval of these services. IBHS Group can run concurrently with the following services:
 - 3.1.1. IBHS Individual (**Assistant BC-ABA/BA/BC/BC-ABA/MT/BHT/BHT-ABA**)
 - 3.1.2. Other Individual (**FFT/SPIN/YFACTS/MST**)
 - 3.1.3. FBMHS

4. Out of home levels of care (RTF/CRR/CRR-ITP) to IBHS (Assistant BC-ABA/BA/BC/BC-ABA/MT)

- 4.1. Overlap can occur for members currently in out of home treatment levels of care and discharging to IBHS for up to 30 days prior to discharge.
 - 4.1.1. Upon receipt of Written Order/BPE from out of home treatment provider, the IBHS provider of choice will submit request for IBHS assessment.
 - 4.1.2. Following IBHS assessment authorization, IBHS can run concurrently with out of home treatment 30 days prior to member's discharge.

5. Out of home levels of care (RTF/CRR/CRR-ITP) to FBMHS

- 5.1. Overlap can occur for member's currently in out of home treatment levels of care and discharging to FBMHS for up to 60 days prior to discharge.

Thank you for your ongoing collaboration and commitment to our Members. Please reach out to your Account Executive with any questions.

cc: Lisa Hanzel, PerformCare
Scott Suhring, Capital Area Behavioral Health Collaborative
Missy Reisinger, Tuscarora Managed Care Alliance
PerformCare Account Executives