

Provider Notice

To: TMCA Mental Health OP Clinics, Psychiatrists, CRNPs

From: PerformCare

Date: August 22, 2024

Subject: MH 24 111 Transcranial Magnetic Stimulation (TMS) Implementation

DHS announced that Transcranial Magnetic Stimulation (TMS) was approved as a Medical Assistance covered benefit which allows PerformCare to reimburse eligible provider types and specialties for TMS, including licensed Outpatient Psychiatric Clinics: 08/110, Psychiatrists: 31/339, and CRNPS 09/103.

Effective with this notice, eligible providers can provide TMS in accordance with this notice. TMS is approved for Members with treatment resistant depression. PerformCare requires that 1) TMS Members meet medical necessity criteria, 2) TMS requires prior authorization, and 3) providers must use FDA approved TMS equipment.

TMS medical necessity criteria includes a primary diagnosis of major depression, and at least two medication failed treatment trials with anti-depressant/Selective Serotonin Reuptake Inhibitor (SSRI).

To be considered a failed trial, the medication should have been trialed at an adequate dose and duration and resulted in either a lack of therapeutic response or intolerable side effects. PerformCare defines a failed trial of medications as both criteria (A) and (B) being met and one of the either (C) or (D) being a result:

- A. <u>Adequate Dose</u>: The member should have been treated with a dose that is consistent with the recommended/appropriate therapeutic range for that medication.
- B. Adequate Duration: A sufficient trial period of at least 4 weeks at an appropriate therapeutic dose.
- C. <u>A Lack of Therapeutic Response</u>: Despite optimal duration and dosage, the member does not achieve a significant improvement in symptoms. This should be measured by standardized clinical scales and/or the provider's clinical judgment.
- D. <u>Intolerable Side Effects</u>: The member experiences side effects that are significant enough to preclude continued use of the medication (even if there is some degree of symptom improvement).

Approved billing codes and parameters for TMS are included in attachment #1. The TMS request form is attached as attachment #2. TMS prior authorization requests must be made via the Navinet Prior Authorization electronic portal. Please contact your Account Executive if you have any questions about this notice.

cc: Lisa Hanzel, PerformCare

Missy Wileman, Tuscarora Managed Care Alliance PerformCare Account Executives



Attachment 1

| Pvr Type | Specialty | Proc. Code | Service Description (internal description only) | Units | Place of Service | Frequency |
|-------------|-----------|---------------|---|------------------|------------------|-----------------|
| 08 | 110 | 90867 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery and management | Per Procedure | 49 | Once per day |
| 08 | 110 | 90868 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery and management, per session | Per Procedure | 49 | Once per day |
| 08 | 110 | 90869 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold redetermination with delivery and management | Per Procedure | 49 | Once per day |
| 09 | 103 | 90867 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery and management | Per Procedure | 11 | Once per day |
| 09 | 103 | 90868 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery and management, per session | Per Procedure | 11 | Once per day |
| 09 | 103 | 90869 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold redetermination with delivery and management | Per Procedure | 11 | Once per day |
| 31 | 339 | 90867 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery and management | Per Procedure | 11,21,99 | Once per day |
| 31 | 339 | 90868 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery and management, per session | Per Procedure | 11,21,99 | Once per day |
| 31 | 339 | 90869 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold redetermination with delivery and management | Per Procedure | 11,21,99 | Once per day |