Provider Notice

To:	**All PerformCare FQHC Providers**
From:	**PerformCare**
Date:	**May 30, 2025**
Subject:	**AD 25 112 FQHC TRR Documentation Requirements**

This Provider Notice serves as a reminder to FQHC Providers of the expectations for documentation and parameters for PerformCare Treatment Record Reviews (TRR).

- A Treatment 'episode of care' <u>should</u> have a clear 'start date' (initiation of service) and clear 'end date' (close of service), with reason for termination of that 'episode of care'. If a Member needs to be seen again following a completed 'episode of care' a 'new' start date for that 'episode of care' should be initiated.
- Members being seen regularly within an episode of care, beyond [1]brief intervention, <u>should</u> have an active and individualized treatment plan, an active and individualized crisis/safety plan (if applicable), and evidenced based assessment and outcome tools within their records. Please reference PerformCare Provider Manual, Chapter VII *Provider Responsibilities* (page 40) and Chapter XI *Covered Services and Authorization Requirements (page 90)*.
- Effective 7/1/25, for Treatment Record Review (TRR) purposes, the PerformCare Quality Management Department will <u>only</u> request records of Members that are being seen regularly within an episode of care, beyond brief intervention.
  - Records selected for review by PerformCare, <u>should</u> have an individualized treatment plan, individualized crisis/safety plan (if applicable), and evidenced based assessment and outcome tools included.
- Please reference the PerformCare website link(s)/tool(s) below for more helpful information.
  - **PerformCare Provider Manual:** https://pa.performcare.org/assets/pdf/providers/resources-information/provider-manual.pdf
  - **Documentation Requirements:** https://pa.performcare.org/assets/pdf/providers/education-training/provider-training-documentation-requirements.pdf
  - **Quality Improvement:** https://pa.performcare.org/providers/quality-improvement/index.aspx
    - The above link includes information on Treatment Record Reviews (TRR), TRR tools, and other quality improvement related information.

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[1] Brief therapy/intervention is often shorter than traditional therapy in both session time and number of sessions. For example, brief intervention, during an episode of care, might include 4-6 sessions with sessions lasting approximately 20-30 mins.

- o **Clinical Resources and Information:** https://pa.performcare.org/providers/resources-information/clinical-resources-and-information.aspx
- o **Co-occurring Disorders Toolkit: Co-occurring Disorders and How to Identify Them:** https://pa.performcare.org/providers/resources-information/co-occurring-disorders.aspx
    - The above link includes information on evidenced-based treatments, mental health screening and assessment tools, as well as substance use screening tools.

Please contact your Account Executive with any questions.

cc: Lisa Hanzel, PerformCare
         Scott Suhring, Capital Area Behavioral Health Collaborative
         Missy Wileman, Tuscarora Managed Care Alliance
         PerformCare Account Executives

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