

Supports for Patients Who Are Prescribed Medication Treatment for Substance Use Disorders



Increasingly, patients are receiving medication treatment for opioid use disorder and alcohol use disorder, without talk therapy, for these or other behavioral health conditions they may be experiencing. This can increase health risks for patients and reduce the chance of treatment success. PerformCare can help.

PerformCare can assist your patients in locating resources, such as recovery supports, support group sessions, and talk therapy, which can:^{1,2}

- Reduce symptoms.
- Increase the chance for recovery.
- Reduce hospitalization.
- Improve housing stability.

Who we are

PerformCare serves Medical Assistance (Medicaid) recipients enrolled in the HealthChoices program. PerformCare manages mental health and substance use services for HealthChoices members living in Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, and Perry counties.

How to reach us

PerformCare helps people who have Medical Assistance find counseling services. You can refer patients to one of the following Member Services numbers, depending on where they live:

- Capital Area (Cumberland, Dauphin, Lancaster, Lebanon, and Perry counties): **1-888-722-8646**
- North Central Region (Franklin and Fulton counties): **1-866-773-7917**

Patients who are deaf or hard of hearing can call **1-800-654-5984 (TTY)** or **711 (PA Relay)**.

Patients may also seek counseling services at <https://pa.performcare.org/members/find-a-provider.aspx>.

To learn more, visit the PerformCare website at <https://pa.performcare.org/members/care/index.aspx>.

Sources:

¹ “Mental Health and Substance Use Co-Occurring Disorders,” Substance Abuse and Mental Health Services Administration (SAMHSA), <https://www.samhsa.gov/mental-health/mental-health-substance-use-co-occurring-disorders>.

² “The Case for Screening and Treatment of Co-Occurring Disorders,” SAMHSA, <https://www.samhsa.gov/co-occurring-disorders>.