

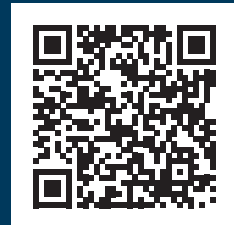
Advancing Trans-Affirming Behavioral Health Care Practices



Building on foundational LGBTQ+ and transgender “101” concepts, this workshop moves beyond terminology and introductory awareness, focusing on the realities transgender and nonbinary patients encounter in health care. The training examines how minority stress, discrimination, health care avoidance, medical trauma, and systemic barriers affect behavioral and physical health outcomes, while offering strategies to improve patient engagement, emotional safety, and continuity of care. Participants will explore best practices in affirming communication, trauma-informed behavioral health care, anatomy-based preventive care, respectful documentation, interdisciplinary collaboration, and organizational systems that shape patient trust and access. Special attention is given to the complexities many transgender and nonbinary patients experience during routine and preventive care, including strategies to reduce barriers, support autonomy, and foster collaborative care environments.

Register by
September 16.

To sign up, visit
[www.surveymonkey.com/
r/Advancing_Trans
AffirmingBH_92326](https://www.surveymonkey.com/r/Advancing_Trans_AffirmingBH_92326) or
scan the QR code below.



Date: Wednesday, September 23, 2026

Time: 9 a.m. – 11 a.m.

Presenter: Jessica Purdy

Jessica Jaymes Purdy (she/her) is an LGBTQ+ rights activist, organizational leader, and advocate for equity, accessibility, and inclusion. Her work centers on justice, dignity, and community care. As Executive Partner of Culture and Operations at Lancaster County Chooses Love, she oversees organizational culture, policy, volunteer engagement, and the Inclusion Institute, where she leads trainings on LGBTQ+ cultural competency, equity, inclusion, and belonging.

Jessica is the Founder and CEO of FIC Human Resource Partners and was the founder and first board president of Lancaster Pride Association and a co-founder of the Lancaster LGBTQ+ Coalition.

Free training and continuing education units (CEUs): Licensed Clinical Social Workers (LCSWs), Licensed Social Workers (LSWs), Licensed Professional Counselors (LPCs), and Licensed Marriage and Family Therapists (LMFTs) may earn two CEU credits (pending approval).

Registered participants will receive an email with details and a session link one week before the training. Questions? Please email Stacey Rivenburg at srivenburg@performcare.org.