

PerformCARE <sup>®</sup>		Policy and Procedure
<b>Name of Policy:</b>	Family Based Mental Health Services (FBMHS) in Conjunction with Targeted Case Management (TCM)	
<b>Policy Number:</b>	CM-CAS-038	
<b>Contracts:</b>	<input checked="" type="checkbox"/> All counties <input type="checkbox"/> Capital Area <input type="checkbox"/> Franklin / Fulton	
<b>Primary Stakeholder:</b>	Clinical Care Management	
<b>Related Stakeholder(s):</b>	None	
<b>Applies to:</b>	Providers	
<b>Original Effective Date:</b>	01/01/06	
<b>Last Revision Date:</b>	03/30/23	
<b>Last Review Date:</b>	09/09/24	
<b>OMHSAS Approval Date:</b>	09/09/24	
<b>Next Review Date:</b>	09/01/25	

**Policy:** To provide FBMH and TCM providers with a mechanism to request to continue TCM during FBMH Services.

**Purpose:** To determine the use of FBMH Services concurrently TCM.

**Definitions:** **TCM:** Targeted case management including Intensive Case Management (ICM), Resource Coordination (RC) and Blended Case Management (BCM) where available.

**Acronyms:** **FBMHS:** Family Based Mental Health Services  
**IP:** Identified Person

**Procedure:**

1. FBMHS regulations require that FBMHS teams provide case management and crisis intervention functions 24 hour a day, 7 days-a-week.
2. Because of this requirement, TCM services would be warranted to only families with complex behavioral health needs.
3. At the initiation of FBMHS, TCM services that are currently approved for the IP will be reviewed on a case-by-case basis.
4. Siblings of the IP who are involved with TCM services will be reviewed on a case-by-case basis.
5. The FBMHS treatment plan and the TCM services plan will indicate how the providers will work together and reflect the goals of each service during FBMHS delivery. The goals of each service must be identified and may not be duplicative.

6. All routinely required documentation must be submitted to the PerformCare CCM for requesting initial and reauthorization for TCM services. The TCM provider will be responsible for the submission.

**Related Policies:** *CM-036 Mental Health/Substance Use Targeted Case Management Initial and Reauthorization Requests and Discharges*  
*CM-CAS-036 Family Based Mental Health Services (FBMHS) in the Emergency Room*  
*CM-CAS-040 Discharge Planning from FBMHS*  
*CM-CAS-044 Procedure to Request Additional Service Units During an Authorization Period and Extension Requests for Family Based Mental Health Services (FBMHS)*  
*CM-CAS-051 Procedure for Prior Authorization for Family Based Mental Health Services (FBMHS)*

**Related Reports:** None

**Source Documents  
and References:** None

**Superseded Policies  
and/or Procedures:** None

**Attachments:** None

Approved by:



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Primary Stakeholder