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|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| PerformCARE®                    |                                                                                                                                         | Policy and Procedure |
| <b>Name of Policy:</b>          | Use of IQ and Adaptive Functioning Testing to Diagnose Intellectual Disabilities                                                        |                      |
| <b>Policy Number:</b>           | CM-009                                                                                                                                  |                      |
| <b>Contracts:</b>               | <input checked="" type="checkbox"/> All counties<br><input type="checkbox"/> Capital Area<br><input type="checkbox"/> Franklin / Fulton |                      |
| <b>Primary Stakeholder:</b>     | Psychologist Advisors                                                                                                                   |                      |
| <b>Related Stakeholder(s):</b>  | All Departments                                                                                                                         |                      |
| <b>Applies to:</b>              | Associates                                                                                                                              |                      |
| <b>Original Effective Date:</b> | 11/01/03                                                                                                                                |                      |
| <b>Last Revision Date:</b>      | 01/22/25                                                                                                                                |                      |
| <b>Last Review Date:</b>        | 01/22/25                                                                                                                                |                      |
| <b>OMHSAS Approval Date:</b>    | N/A                                                                                                                                     |                      |
| <b>Next Review Date:</b>        | 01/01/26                                                                                                                                |                      |

**Policy:** PerformCare will authorize requested psychological testing, which includes standardized intelligence tests to assist in diagnosing Intellectual Disabilities, following review and approval by a PerformCare PA, only in those circumstances in which an individual has not had previous testing or when records of past testing do not accurately reflect the individual's current abilities.

**Purpose:** To provide clarification about the use of intelligence quotient and adaptive functioning tests as tools for diagnosing Intellectual Disabilities.

**Definitions:** None

**Acronyms:** **PA:** Psychologist Advisor  
**MSS:** Member Services Specialists  
**IQ:** Intelligence Quotient

**Procedure:**

1. Providers, on behalf of a Member, should submit requests for standardized IQ and Adaptive Functioning tests as part of a psychological evaluation on the appropriate PerformCare form.
2. This request is forwarded to a Psychologist Advisor (PA).
3. The PA reviews the reason for the request and the tests being requested. Such testing shall be administered and interpreted only by a licensed psychologist or by a psychologist in preparation for licensure under the direct supervision of a licensed psychologist.
4. Determination and re-determination of Intellectual Disabilities Waiver eligibility are not the responsibility of PerformCare.

PerformCare's responsibility is limited to funding standardized IQ and Adaptive Functioning tests in those rare circumstances in which an individual has not had previous testing or when records of past testing do not accurately reflect the individual's current abilities. Adaptive functioning tests will not be authorized as they are the responsibility of the County Intellectual Disabilities Office. HealthChoices is not intended to supplant services when there is adequate testing or testing records from the Department of Education, or available as services that are performed by the County Intellectual Disabilities Office.

5. The standard approval/denial process is followed per *CM-013 Approval/ Denial Process and Notification*.
6. Requests for payment of IQ and Adaptive Functioning testing to determine school placement, other primarily educational referral questions, or determination of competency as a care giver will not be approved as this is also not a covered benefit. The Family and/or requestor will be referred to their school district for this type of testing.

**Related Policies:** *CM-012 Authorization of Psychological and Neuropsychological Testing*  
*CM-013 Approval/ Denial Process and Notification*  
*QI-042 6-Criteria Complaint*  
*QI-043 Dissatisfaction Complaint*  
*QI-044 Grievance*

**Related Reports:** None

**Source Documents and References:** *OMHSAS Policy Clarification #03-03, 8/20/03*  
*OMHSAS Policy Clarification #02-04, 01/04*  
*MR Bulletin #00-99-14*  
*§42 CFR.483.430*

**Superseded Policies and/or Procedures:** None

**Attachments:** [\*Attachment 1 Psychological and Neuro-Psychological Testing Request Form\*](#)

Approved by:

A handwritten signature in black ink, appearing to read "Jack B.", with a stylized flourish at the end.

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Primary Stakeholder