PerformCARE®		Policy and Procedure
Name of Policy:	Family Based Mental Health Services (FBMHS) in	
	Conjunction with Targeted Case Management (TCM)	
Policy Number:	CM-CAS-038	
<b>Contracts:</b>	⊠ All counties	
	☐ Capital Area	
	☐ Franklin / Fulton	
Primary Stakeholder:	Clinical Care Management	
Related Stakeholder(s):	None	
Applies to:	Providers	
Original Effective Date:	01/01/06	
<b>Last Revision Date:</b>	11/06/25	
<b>Last Review Date:</b>	11/06/25	
<b>OMHSAS Approval Date:</b>	09/09/24	
<b>Next Review Date:</b>	11/01/26	

**Policy:** To provide FBMH and TCM providers with a mechanism to

request to continue TCM during FBMH Services.

**Purpose:** To determine the use of FBMH Services concurrently TCM.

**Definitions:** TCM: Targeted case management including Intensive Case

Management (ICM), Resource Coordination (RC) and Blended

Case Management (BCM) where available.

**Acronyms:** CCM: Clinical Care Manager

**FBMHS:** Family Based Mental Health Services

**IP:** Identified Person

**Procedure:** 

- 1. FBMHS regulations require that FBMHS teams provide case management and crisis intervention functions 24 hour a day, 7 days-a-week.
  - 2. Because of this requirement, TCM services would be warranted to only families with complex behavioral health needs.
  - 3. If FBMHS is approved and the Member has TCM, the FBMHS team will be the lead for both treatment and case management and there should be no duplication of services. In order to ensure this occurs, the TCM and FBMHS team will need to coordinate closely.
  - 4. The FBMHS treatment plan and the TCM services plan will indicate how the providers will work together and reflect the

- goals of each service during FBMHS delivery. The goals of each service must be identified and may not be duplicative.
- 5. All routinely required documentation must be submitted to the PerformCare CCM for requesting initial and reauthorization for TCM services. The TCM provider will be responsible for the submission.

**Related Policies:** CM-036 Mental Health/Substance Use Targeted Case

Management Initial and Reauthorization Requests and

Discharges

CM-CAS-036 Family Based Mental Health Services (FBMHS) in

the Emergency Room

CM-CAS-040 Discharge Planning from FBMHS

CM-CAS-044 Procedure to Request Additional Service Units During an Authorization Period and Extension Requests for

Family Based Mental Health Services (FBMHS)

CM-CAS-051 Prior Authorization for Family Based Mental

Health Services (FBMHS)

Related Reports: None

**Source Documents** 

and References: None

**Superseded Policies** 

and/or Procedures: None

**Attachments:** None

Approved by:

Primary Stakeholder