



## **Provider Profiling Year-End Report**

### **Residential Treatment Facility (RTF)**

**1/1/2023 - 12/31/2023**

*Provider Profiling is conducted in order to collect and trend data to provide information relating to Provider performance, with the overall intent of improving the quality of care rendered to PerformCare's Members. PerformCare encourages Providers to closely review this information and use this to help inform areas of future development.*

**Measure 1: Follow-up Levels of Care 30 Days Post-Discharge from RTF**

Follow-up care is important to help Members stay well and continue with their treatment. This measure identifies (by Provider and by Level of Care) Members' follow-up treatment immediately after discharge from RTF. This is meant to be an informational measure. PerformCare uses authorization data to determine RTF stay/discharge and claims data to determine the follow-up level of care within the 30 day timeframe. All levels of care are counted when a Member is discharged to more than one level of care.

**Goal**

PerformCare is providing this measure for informational purposes.

**Network Average**

Levels of care 30 days post-discharge from RTF:

Levels of Care Post RTF	Members*
FBMH	28
Other**	19
No Claims after DC***	11
TCM	11
RTF	6
Outpatient	2
MST/SPIN	1
SU Residential	1
<b>Total</b>	<b>79</b>

*Discharges with first follow-up level of care after 30 days are not shown on the report.*

*\*A Member may be referred to more than one service and be counted more than once.*

*\*\* Other - levels of care other than the ones listed in the table.*

*\*\*\* There were no claims within 30 days from discharge date.*

## Provider Breakdown

Levels of care 30 days post-discharge from RTF by Provider:

Levels of Care Post RTF	Members*
<b>Hoffman Homes, Inc. RTF</b>	
FBMH	5
Other**	5
No Claims after DC***	2
TCM	2
RTF	1
Outpatient	1
<b>Total</b>	<b>16</b>
<b>Bradley Center, Inc RTF</b>	
FBMH	6
Other**	4
TCM	4
No Claims after DC***	1
<b>Total</b>	<b>15</b>
<b>Harborcreek Youth Services RTF</b>	
FBMH	4
Other**	2
TCM	1
No Claims after DC***	1
<b>Total</b>	<b>8</b>
<b>CHOR/Youth and Family RTF</b>	
FBMH	2
RTF	1
TCM	1
No Claims after DC***	1
MST/SPIN	1
Other**	1
<b>Total</b>	<b>7</b>
<b>Diversified Treatment Alternative Centers RTF</b>	
FBMH	2
Other**	2
RTF	1
Outpatient	1
<b>Total</b>	<b>6</b>
<b>Southwood Psych Hosp RTF</b>	
FBMH	3
TCM	1
Other**	1
<b>Total</b>	<b>5</b>

Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data.

Discharges with first follow-up level of care after 30 days are not shown on the report.

\*A Member may be referred to more than one service and be counted more than once.

\*\* Other - levels of care other than the ones listed in the table.

\*\*\* There were no claims within 30 days from discharge date.

**Measure 2: Follow-up Levels of Care 90 Days Post-Discharge from RTF**

Follow-up care is important to help Members stay well and continue with their treatment. This measure identifies (by Provider and by Level of Care) Members' follow-up treatment immediately after discharge from RTF. This is meant to be an informational measure. PerformCare uses authorization data to determine RTF stay/discharge and claims data to determine the follow-up level of care within the 90 day timeframe. All levels of care are counted when a Member is discharged to more than one level of care.

**Goal**

PerformCare is providing this measure for informational purposes.

**Network Average**

Levels of care 90 days post-discharge from RTF:

Levels of Care Post RTF	Members*
FBMH	29
Other**	20
TCM	11
No Claims after DC***	9
RTF	6
Outpatient	2
MST/SPIN	1
SU Residential	1
<b>Total</b>	<b>79</b>

*Discharges with first follow-up level of care after 90 days are not shown on the report.*

*\*A Member may be referred to more than one service and be counted more than once.*

*\*\* Other - levels of care other than the ones listed in the table.*

*\*\*\* There were no claims within 90 days from discharge date.*

## Provider Breakdown

Levels of care 90 days post-discharge from RTF by Provider:

Levels of Care Post RTF	Members*
<b>Hoffman Homes, Inc. RTF</b>	
FBMH	5
Other**	5
No Claims after DC***	2
TCM	2
Outpatient	1
RTF	1
<b>Total</b>	<b>16</b>
<b>Bradley Center, Inc RTF</b>	
FBMH	6
TCM	4
Other**	4
No Claims after DC***	1
<b>Total</b>	<b>15</b>
<b>Harborcreek Youth Services RTF</b>	
FBMH	4
Other**	3
TCM	1
<b>Total</b>	<b>8</b>
<b>CHOR/Youth and Family RTF</b>	
FBMH	2
No Claims after DC***	1
RTF	1
Other**	1
MST/SPIN	1
TCM	1
<b>Total</b>	<b>7</b>
<b>Diversified Treatment Alternative Centers RTF</b>	
FBMH	2
Other**	2
RTF	1
Outpatient	1
<b>Total</b>	<b>6</b>
<b>Southwood Psych Hosp RTF</b>	
FBMH	3
TCM	1
Other**	1
<b>Total</b>	<b>5</b>

Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data.

Discharges with first follow-up level of care after 90 days are not shown on the report.

\*A Member may be referred to more than one service and be counted more than once.

\*\* Other - levels of care other than the ones listed in the table.

\*\*\* There were no claims within 90 days from discharge date.

**Measure 3: RTF by Diagnosis**

This measure shows the diagnoses for Members who discharged from RTF, both plan-wide and by Provider. This information may be useful in identifying trends and in showing different diagnoses treated by RTF Providers. Note that a Member's diagnosis may change during the reporting period, and this measure shows Members' most recent primary diagnosis.

Report is based on PerformCare authorizations data.

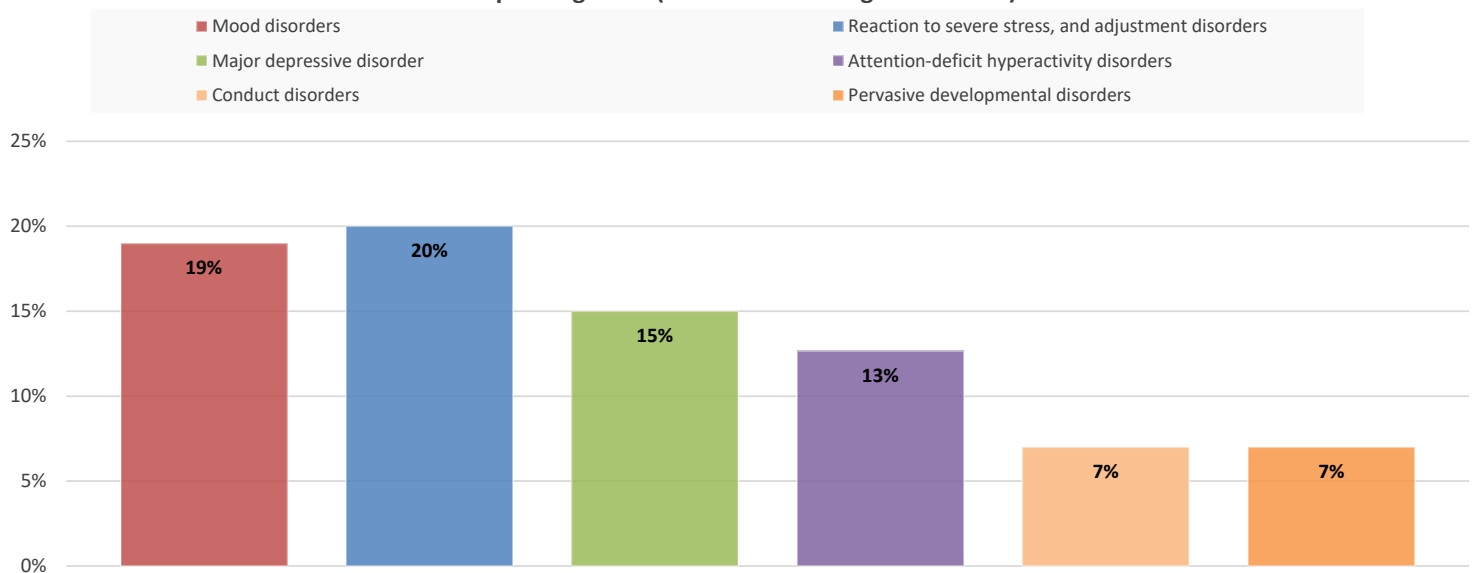
Report reflects discharges from 1/1/23 through 12/31/23.

**Goal**

PerformCare is providing this measure for informational purposes.

**Network Average**

Plan-wide diagnosis breakdown data for Members in RTF with discharges counts and percentage of total in each diagnosis.

**Plan-Wide Breakdown of Diagnosis in RTF Members****Top 6 Diagnoses (Members Discharged from RTF)**

Diagnosis	Members	% of Total
Mood disorders	14	19%
Reaction to severe stress, and adjustment disorders	15	20%
Major depressive disorder	11	15%
Attention-deficit hyperactivity disorders	10	13%
Conduct disorders	5	7%
Pervasive developmental disorders	5	7%
Mental disorder, not otherwise specified	4	5%
Impulse disorders	4	5%
Bipolar disorder	4	5%
Disorders of social functioning with onset specific to childhood and adolescence	2	3%
Anxiety disorders	1	1%
<b>Total</b>	<b>75</b>	<b>100%</b>

*\*Pervasive Developmental Disorders include ICD-10 diagnostic codes for Autistic Disorder, Asperger's Disorder, and Pervasive Developmental Disorder NOS (now collectively referred to in the DSM 5 as Autism Spectrum Disorder), as well as Rett's Syndrome, Other Childhood Disintegrative Disorder, and Other Pervasive Developmental Disorders.*

## Provider Breakdown

Diagnoses breakdown data for Members discharged from RTF by Provider

	Members	% of Total
<b>Hoffman Homes, Inc. RTF</b>		
Reaction to severe stress, and adjustment disorders	7	44%
Major depressive disorder	4	25%
Attention-deficit hyperactivity disorders	2	13%
Pervasive developmental disorders	1	6%
Impulse disorders	1	6%
Mood disorders	1	6%
<b>Total</b>	<b>16</b>	
<b>Bradley Center, Inc RTF</b>		
Mood disorders	4	29%
Major depressive disorder	3	21%
Bipolar disorder	2	14%
Mental disorder, not otherwise specified	2	14%
Attention-deficit hyperactivity disorders	1	7%
Reaction to severe stress, and adjustment disorders	1	7%
Conduct disorders	1	7%
<b>Total</b>	<b>14</b>	
<b>Diversified Treatment Alternative Centers RTF</b>		
Reaction to severe stress, and adjustment disorders	3	50%
Pervasive developmental disorders	3	50%
<b>Total</b>	<b>6</b>	
<b>Harborcreek Youth Services RTF</b>		
Attention-deficit hyperactivity disorders	3	44%
Mood disorders	1	25%
Anxiety disorders	1	13%
Disorders of social functioning with onset specific to childhood and adolescence	1	6%
<b>Total</b>	<b>6</b>	
<b>CHOR/Youth and Family RTF</b>		
Conduct disorders	2	44%
Mood disorders	1	25%
Reaction to severe stress, and adjustment disorders	1	13%
Major depressive disorder	1	13%
Mental disorder, not otherwise specified	1	6%
<b>Total</b>	<b>6</b>	
<b>Southwood Psych Hosp RTF</b>		
Impulse disorders	2	44%
Attention-deficit hyperactivity disorders	1	25%
Reaction to severe stress, and adjustment disorders	1	13%
Mood disorders	1	13%
<b>Total</b>	<b>5</b>	

\*Pervasive Developmental Disorders include ICD-10 diagnostic codes for Autistic Disorder, Asperger's Disorder, and Pervasive Developmental Disorder NOS (now collectively referred to in the DSM 5 as Autism Spectrum Disorder), as well as Rett's Syndrome, Other Childhood Disintegrative Disorder, and Other Pervasive Developmental Disorders.

Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data.

## Measure 4: RTF by Age

**Measure 4: RTF by Age**

This measure shows the distribution of age groups discharged from RTF Providers. The information is reported Plan-wide for overall RTF as well as by individual Provider. This information may be useful in identifying trends and in showing the distribution of age groups treated by RTF Providers.

Report is based on PerformCare authorizations data.

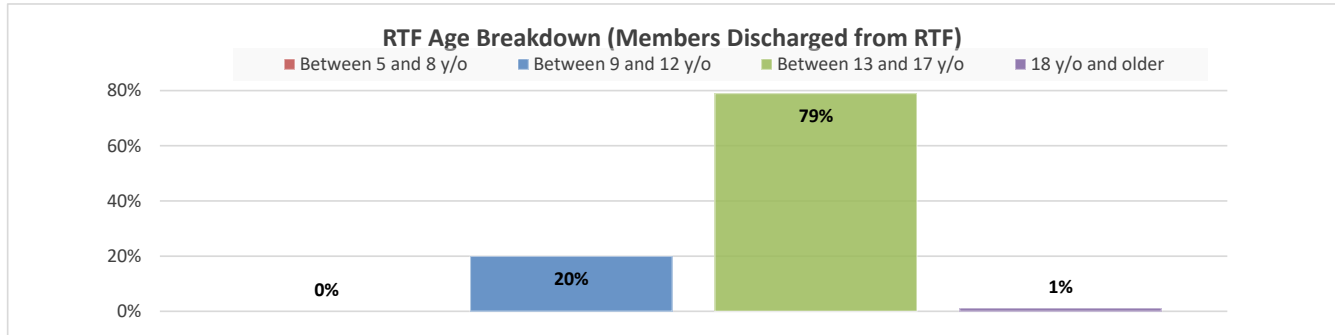
Report reflects all discharges from 1/1/23 through 12/31/23.

**Goal**

PerformCare is providing this measure for informational purposes.

**Network Average**

Plan-wide age breakdown data for Members discharged from RTF

**Plan-Wide Breakdown of Age**

	Members	% of Total
Between 5 and 8 y/o	0	0%
Between 9 and 12 y/o	15	20%
Between 13 and 17 y/o	59	79%
18 y/o and older	1	1%
<b>Total</b>	<b>75</b>	<b>100%</b>

**Provider Breakdown**

Age category breakdown data for Members discharged from RTF by Provider

	Members	% of Total
<b>Bradley Center, Inc RTF</b>		
Between 9 and 12 y/o	4	29%
Between 13 and 17 y/o	10	71%
<b>Total</b>	<b>14</b>	
<b>Hoffman Homes, Inc. RTF</b>		
Between 9 and 12 y/o	5	31%
Between 13 and 17 y/o	11	69%
<b>Total</b>	<b>16</b>	
<b>Southwood Psych Hosp RTF</b>		
Between 9 and 12 y/o	2	40%
Between 13 and 17 y/o	3	60%
<b>Total</b>	<b>5</b>	
<b>Diversified Treatment Alternative Centers RTF</b>		
Between 13 and 17 y/o	6	100%
<b>Total</b>	<b>6</b>	
<b>Harborcreek Youth Services RTF</b>		
Between 9 and 12 y/o	2	33%
Between 13 and 17 y/o	4	67%
<b>Total</b>	<b>6</b>	
<b>CHOR/Youth and Family RTF</b>		
Between 13 and 17 y/o	6	100%
<b>Total</b>	<b>6</b>	

Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data.



#### Measure 5: Utilization of RTF

This measure shows the average length of stay in RTF, as well as the shortest and longest lengths of stay (length of stay range). This measure is based on unique Members who were discharged from RTF within the time frame of 1/1/23 -12/31/23. Plan-wide length of stay averages and length of stay ranges are shown by overall numbers, as well as by age group, diagnosis, and individual Provider. It is important to note that many factors—including the type of RTF and the needs of individuals served—may affect an RTF Provider's average length of stay and length of stay range. This measure is provided for informational purposes only.

#### Goal

PerformCare is providing this measure for informational purposes.

#### Network Average

Plan-Wide	Members	Average LOS (Days)	LOS Range
RTF Overall Average LOS	75	351	85-921

By Age	Members	Average LOS (Days)	LOS Range
Between 9 and 12 y/o	14	353	109-921
Between 13 and 17 y/o	60	350	85-840
Between 5 and 8 y/o	0	0	0
18 y/o and older	1	400	400
<b>Total</b>	<b>75</b>	<b>351</b>	<b>85-921</b>

By Diagnosis*	Members	Average LOS (Days)	LOS Range
Mood disorders	14	331	122-506
Reaction to severe stress, and adjustment disorders	15	434	246-781
Major depressive disorder	11	270	155-469
Attention-deficit hyperactivity disorders	10	293	85-666
Conduct disorders	5	343	113-921
Pervasive developmental disorders	5	405	325-483

\*Diagnoses with less than 5 records are not shown on the report.

#### Provider Breakdown

LOS breakdown data for Members discharged from RTF by Provider

By Provider	Members	Average LOS (Days)	LOS Range
Bradley Center, Inc RTF	14	322	159-479
Hoffman Homes, Inc. RTF	16	277	85-478
Southwood Psych Hosp RTF	5	462	152-601
Diversified Treatment Alternative Centers RTF	6	454	246-781
Harborcreek Youth Services RTF	6	307	271-374
CHOR/Youth and Family RTF	6	362	104-781

Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data.

Measure 6: Mental Health Inpatient Admission while in RTF

Goals of RTF services include addressing intensive treatment needs, ensuring the safety of the Member and others, increasing adaptive skills, and reducing unsafe behaviors which could lead to inpatient hospitalization. While there are many reasons that a Member may need mental health inpatient treatment, it is important to look at this rate for trends or outliers. This measure identifies the number of Members who required mental health inpatient admission while receiving services in an RTF level of care. Data for this measure identifies the number of Members who were discharged during the time frame of 1/1/23-12/31/23 and also had a mental health inpatient admission during their entire authorization for RTF.

Goal

PerformCare is providing this measure for informational purposes.

Network Average

Plan-Wide	Total Discharged Members	Members Admitted to MHIP	% Admitted to MHIP
MHIP admissions while in RTF	75	3	4%

Provider Breakdown

MHIP admissions while in RTF

	Discharged Members	Members Admitted to MHIP	% Admitted to MHIP
Harborcreek Youth Services RTF	6	1	17%
Southwood Psych Hosp RTF	5	2	40%

*Note: Providers with less than 5 discharges are not included in the Provider Breakdown due to the smaller sample of data. Third-Party Liability (TPL) may affect data in this measure. Data for MHIP funded by another source is not available to PerformCare, and would therefore not be included in this measure.*

**Measure 7: Mental Health Inpatient Admission within 30 and 90 Days of RTF Discharge**

RTF services address intensive treatment needs, with the ultimate goal of a safe discharge to a community setting and a less restrictive level of care. RTF services seek to stabilize unsafe behaviors and symptoms which could lead to an inpatient admission. While there are many reasons why a Member may need mental health inpatient treatment after discharging from an RTF, it is important to look at this rate for trends or outliers.

This measure reports on the percentage of Members who had an admission to a mental health inpatient facility within 30 days and within 90 days of discharge from RTF services. This measure is based on claims data for Members discharged from RTF between 1/1/23 and 12/31/23.

To calculate this rate, PerformCare uses the following:

- Numerator: Total number of Members admitted to mental health inpatient within 30 or 90 days of discharge from RTF.
- Denominator: Total number of Members discharged from RTF.

**Goal**

PerformCare is providing this measure for informational purposes.

Network Average			
Plan-Wide	Total Discharged Members	MHIP Admission Within 30 Days	% MHIP Admission Within 30 Days
MHIP admissions within 30 days after RTF discharge	75	0	0%
Plan-Wide	Total Discharged Members	MHIP Admission Within 90 Days	% MHIP Admission Within 90 Days
MHIP admissions within 90 days after RTF discharge	75	0	0%

**Provider Breakdown**

There were no network RTF Providers that had a Member who was discharged from RTF and had a mental health inpatient admission within 30 days or 90 days. Note that Third-Party Liability (TPL) may affect data in this measure. Data for MHIP funded by another source is not available to PerformCare, and would therefore not be included in this measure.

**Measure 8: Family Engagement**

After a child is admitted to RTF services, the family's participation, commitment, and involvement in their child's care and treatment (family engagement) is vital in helping to support wellness and increase the likelihood of successful outcomes. In 2024, PerformCare sent a survey to all PerformCare Network RTF Providers to assess individual Provider efforts in supporting family engagement. The tables below contain Providers' responses to survey questions regarding their family engagement practices. Please note that many factors—including the type of RTF and the needs of individuals served—may affect a Provider's policies, practices, and answers to these survey questions. Network RTF Providers who did not respond to the survey are not included in the tables below.

**Goal**

PerformCare is providing this measure for informational purposes.

**Family Engagement: Plan-Wide RTF Provider Survey Results**

**Total Number of Network Providers Responding to Survey: 22 (92%)**

Survey Question:	Total Yes Responses	% Yes Responses
1. Prior to admission, families sign participation agreement which provides clear expectations of family/guardian involvement	15	68.2%
2. Provider offers family therapy on average:		
More than once a week	0	0.0%
Once a week	21	95.5%
Every 2 weeks	0	0.0%
Every month	1	4.5%
Every 2 months or less	0	0.0%
3. Provider offers family/guardian:		
In-person support groups	0	0.0%
Virtual support groups	3	13.6%
Both in-person and virtual support groups	0	0.0%
4. Provider offers family/guardian training for skills transfer	14	63.6%
5. Provider has process to strengthen family engagement/address obstacles	21	95.5%
6. Provider uses family members as specialists or advocates	11	50.0%
7. Average length of stay after admission before therapeutic leave* occurs:		
Less than 1 month	1	4.5%
1 month	6	27.3%
2 months	3	13.6%
3 months or longer	12	54.5%
8. Provider creates goals for therapeutic leaves†	22	100%
9. Facility provides transportation assistance for:		
Family visits	18	81.8%
Family therapy	14	63.6%
Therapeutic leaves	22	100%
10. Provider has place for families to stay overnight when visiting their child	12	54.5%
11. Methods of communication offered for family therapy:		
In-person	22	100%
Telephone	22	100%
Video	22	100%
12. Methods of communication offered for family contact:		
In-person	22	100%
Telephone	22	100%
Video	22	100%

\*Therapeutic leave as defined in MA Bulletins 01-95-13 and 01-95-12

Family Engagement: Individual RTF Provider Survey Results (Abraxas through CSG)											
Provider:	Abraxas I	Beacon Light-1 <sup>st</sup> St. Residential	Beacon Light- GIRLS	Beacon Light-STAR	Beacon Light- STRIDE Kittanning	Beacon Light- STRIDE McKean	Beacon Light- STRIDE Youngsville	Beacon Light-YSR	Bradley Center	CHOR Youth & Family Reading	Community Services Group (CSG)
1. Prior to admission, families sign participation agreement which provides clear expectations of family/guardian involvement	X	X	X	X		X				X	X
2. Provider offers family therapy on average:											
More than once a week											
Once a week	X	X	X	X	X	X	X	X	X	X	X
Every 2 weeks											
Every month											
Every 2 months or less											
3. Provider offers family/guardian:											
In-person support groups											
Virtual support groups											
Both in-person and virtual support groups			*		*	*	*	*			
4. Provider offers family/guardian training for skills transfer		X	X		X	X	X	X			
5. Provider has a process to strengthen family engagement and address obstacles	X	X	X	X	X	X	X	X	X	X	X
6. Provider uses family members as specialists or advocates	X	X	X		X	X	X	X		X	
7. Average length of stay after admission before therapeutic leave <sup>3</sup> occurs:											
Less than 1 month											
1 month				X			X	X			
2 months									X		
3 months or longer	X	X	X		X	X				X	X
8. Provider creates goals for therapeutic leaves <sup>4</sup>	X	X	X	X	X	X	X	X	X	X	X
9. Facility provides transportation assistance for:											
Family visits	X	X	X		X	X	X	X		X	X
Family therapy		X	X		X	X	X*	X		X	X
Therapeutic leaves	X	X	X	X	X	X	X	X	X	X	X
10. Provider has a place for families to stay overnight when visiting their child	X	X	X	X*	X*	X*	X*	X*	X		
11. Methods of communication offered for family contact:											
In-person	X	X	X	X	X	X	X	X	X	X	X
Telephone	X	X	X	X	X	X	X	X	X	X	X
Video	X	X	X	X	X	X	X	X	X	X	X
12. Methods of communication offered for family therapy:											
In-person	X	X	X	X	X	X	X	X	X	X	X
Telephone	X	X	X	X	X	X	X	X	X	X	X
Video	X	X	X	X	X	X	X	X	X	X	X

<sup>3</sup>Therapeutic leave as defined in MA Bulletins 01-95-13 and 01-95-12

\*Provider Comments:

**Beacon Light GIRLS:**

Item 3: We do provide a family advocate for support and assistance, however.

**Beacon Light STAR:**

Item 10: Hotel lodging on a case by case basis.

**Beacon Light STRIDE Kittanning, STRIDE McKean, STRIDE Youngsville, and YSR:**

Item 3: We do provide a family advocate, however.

Item 10: Hotel lodging on a case by case basis.

**Beacon Light STRIDE Youngsville:**

Item 9: On a case by case basis.

Family Engagement: Individual RTF Provider Survey Results (DTAC through Southwood)											
Provider:	Diversified Treatment Alternative Centers-	Treatment Alternative Centers- Danville	Diversified Treatment Alternative Centers- Lewisburg	Gemma Services	George Junior Republic (all PA locations)	Harborscreek Youth Services	Hoffman Homes for Youth	Perseus House (all locations)	Sarah A. Reed	Southwood Hospital- Choices	Southwood Hospital- IDD/ASD
1. Prior to admission, families sign participation agreement which provides clear expectations of family/guardian involvement	X	X	X	X*		X	X	X	X		
2. Provider offers family therapy on average:											
More than once a week											
Once a week	X	X	X	X		X	X	X	X	X	X
Every 2 weeks											
Every month					X						
Every 2 months or less											
3. Provider offers family/guardian:											
In-person support groups											
Virtual support groups				X		X		X			
Both in-person and virtual support groups											
4. Provider offers family/guardian training for skills transfer	X	X	X	X*		X		X*	X	X	
5. Provider has a process to strengthen family engagement and address obstacles	X	X	X	X*	*	X	X	X	X	X	X
6. Provider uses family members as specialists or advocates				X*		X			X		
7. Average length of stay after admission before therapeutic leave <sup>a</sup> occurs:											
Less than 1 month							X				
1 month				X						X	X
2 months					X	X					
3 months or longer	X	X	X					X*	X		
8. Provider creates goals for therapeutic leaves <sup>a</sup>	X	X	X	X*	X	X	X	X	X	X	X
9. Facility provides transportation assistance for:											
Family visits	X	X	X	X			X*	X	X	X	X
Family therapy	X	X	X	X					X		X
Therapeutic leaves	X	X	X	X	X	X	X	X	X	X	X
10. Provider has a place for families to stay overnight when visiting their child				X*		X	X				
11. Methods of communication offered for family contact:											
In-person	X	X	X	X	X	X	X	X	X	X	X
Telephone	X	X	X	X	X	X	X	X	X	X	X
Video	X	X	X	X	X	X	X	X	X	X	X
12. Methods of communication offered for family therapy:											
In-person	X	X	X	X	X	X	X	X	X	X	X
Telephone	X	X	X	X	X	X	X	X	X	X	X
Video	X	X	X	X	X	X	X	X	X	X	X

<sup>a</sup>Therapeutic leave as defined in MA Bulletins 01-95-13 and 01-95-12

\*Provider Comments:

**Gemma Services:**

Item 1: DBT contracts in our specialized program.

Item 4: Weekly DBT caregiver skills groups for our specialized program.

Item 5: We have a full time Family Advocate Partner (family peer support) who reaches out to families to assist with any barriers and improving engagement.

Item 6: We have a full time Family Advocate Partner who is a certified family peer support with lived experience.