

Provider Notice

To: All Providers
From: PerformCare
Date: April 29, 2026
Subject: AD 26 106: PTSD and Veterans Treatment

In the interest of meeting provider needs for information on Trauma Informed Care and trauma treatment and training, we are sharing information specifically related to working with Veterans. Training and e-learning resources offered through the below resource cover a wide range of Trauma Informed Care topics relevant to the Veteran, their families, and caregivers. PerformCare is hopeful that the resource below will continue to add to the Trauma Informed Care toolkits of our provider network.

National Center for PTSD: The world's leading research and educational center of excellence on PTSD and traumatic stress.

Resources include understanding PTSD, treatment options, how to access treatment for Veterans, and resources for family and friends of a Veteran. There are treatment tools. A link for this website is: <https://www.ptsd.va.gov/index.asp>

Continuing education resources: Clinicians can access a wide-array of trainings including, but not limited to, Assessment Practices, Clinical Guidelines, Co-Occurring Conditions with PTSD, Ethical guidelines, and delivery of services. A link for this website is: https://www.ptsd.va.gov/professional/continuing_ed/all_offerings.asp

PTSD Consultation Series: The PTSD Consultation Program hosts a monthly webinar on the third Wednesday of each month. The topics are always relevant to treating PTSD and based on what providers are currently asking. The target audience includes health professionals interested in topics related to treating Veterans with PTSD. There are archived trainings also available for review. Many of the recorded lectures can be watched for free continuing education (CEU) credit. A link for this website is: https://www.ptsd.va.gov/professional/consult/lecture_series.asp

VA National Center on Homelessness Among Veterans: The included link will direct professionals to a VA Fact Sheet regarding PTSD. A link for this website is: <https://www.va.gov/homeless/nchav/docs/Trauma-Informed-Care-Fact-Sheet.pdf>

Trauma Informed Interactions with Veterans: This course defines trauma and how it presents itself and is specifically designed to help volunteers interact with Veterans dealing with trauma

that affects their health and/or ability to function. A link for the website is:

<https://learn.psycharmor.org/courses/trauma-informed-interactions-with-veterans>

National Library of Medicine: The link will direct professionals to an article and study regarding Veteran Treatment Courts (VTCs) and their impact on Veterans Mental Health while involved with the justice department. A link for this article is:

<https://pmc.ncbi.nlm.nih.gov/articles/PMC10201939/>

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