

Provider Notice

To: All MH OP, FBMHS, CRR-HH, RTF and IBHS Individual, ABA & Group Providers
From: PerformCare
Date: December 8, 2025
Subject: MH 25 109: Children's Continuity of Care Protocols

This notice is a revision to MH 23 100 Children's Continuity of Care protocols to clarify when authorization is needed and to remove levels of care that have since terminated. These protocols were developed based on feedback from Providers to assist Members when transitioning between levels of care and were originally effective 3/6/2023. The information below outlines circumstances where overlap of services is allowable when authorizations are in place.

1. OP therapy

- 1.1. Members currently receiving Mental Health (MH) Outpatient (OP) and transitioning to another level of care providing MH therapy may have up to three overlapping sessions of both MH services within 30 days of the new service start date if approved via the [Adjunct Authorization Request form](#). The authorization request form should clearly indicate that the provider is obtaining authorization for 30 days for 3 overlapping sessions. New services include: IBHS Individual (**MT**), IBHS Other (**FFT; MST**), IBHS Group (Such as ASP)/Short Term Group, FBMHS and CRR-HH
- 1.2. Other than MH IP, PHP and RTF levels of care, Members discharging from any level of care to MH OP can have up to 3 overlapping sessions within 30 days of the new service start date. In order to obtain the service, the MH OP Provider must submit the [Adjunct Authorization Request form](#). The authorization request form should clearly indicate that the provider is obtaining authorization for 30 days for 3 overlapping sessions.

2. Members transitioning from currently approved in-home level of care (FBMHS/MST/FFT) to IBHS (Assistant BC-ABA/BA/BC/BC-ABA/MT/BHT/BHT-ABA)

- 2.1. Overlap allowed for both services to occur as authorized for duration of the IBHS assessment period. ***Note:** Does not apply to requests of immediate start of MT due to duplication of therapy services.
 - 2.1.1. If there is a delay in the IBHS provider being able to start the IBHS assessment, then the current FBMHS/MST/FFT provider may continue services until the end of their current authorization or until the IBHS assessment is completed, whichever comes first.
- 2.2. The previously approved service will need to discharge prior to the start of the IBHS treatment and authorization.

3. IBHS Group (i.e., ASP/ Stepping Stones/Short-Term Group)

3.1. Written Order/Best Practice Evaluations would need to prescribe both services to run concurrently. Assessments are completed by providers following approval of these services.

IBHS Group can run concurrently with the following services:

- 3.1.1. IBHS Individual (**Assistant BC-ABA/BA/BC/BC-ABA/MT/BHT/BHT-ABA**)
- 3.1.2. Other Individual (**FFT/ MST**)
- 3.1.3. FBMHS

4. Out of home levels of care (RTF/CRR/CRR-ITP) to IBHS (Assistant BC-ABA/BA/BC/BC-ABA/MT)

4.1. Per [CM-CAS-058](#), overlap can occur for members currently in out of home treatment levels of care and discharging to IBHS for up to 30 days prior to discharge.

- 4.1.1. Upon receipt of Written Order/BPE from out of home treatment provider, the IBHS provider of choice will submit request for IBHS assessment.
- 4.1.2. Following IBHS assessment authorization, IBHS can run concurrently with out of home treatment 30 days prior to member's discharge. The IBHS services can be delivered to the family while the child is in the out-of-home treatment program and can be delivered to the child when they are home on Therapeutic Leaves.

5. Out of home levels of care (RTF/CRR) to FBMHS

5.1. Overlap can occur for member's currently in out of home treatment levels of care and discharging to FBMHS for up to 60 days prior to discharge.

Thank you for your ongoing collaboration and commitment to our Members. Please reach out to your Account Executive with any questions.

cc: Lisa Hanzel, PerformCare
Scott Suhring, Capital Area Behavioral Health Collaborative
Missy Reisinger, Tuscarora Managed Care Alliance
PerformCare Account Executives