

Provider Notice

To: Mental Health Outpatient Clinics and Partial Hospitalization Programs- Capital Area (CABHC) contract

From: Jessica Yasher, Director of Operations

Date: February 5, 2026

Subject: MH 26 100: Capital Area FUH VBP Payments

Capital Area Behavioral Health Collaborative (CABHC) and PerformCare is extending the Value Based Performance incentive program initially outlined in PerformCare Provider Notice AD 18 105 and AD 17 102, and MH 20 101. This program provides a value-based financial incentive to Mental Health Outpatient Clinics and Mental Health Partial Hospitalization Programs to meet the follow-up standard for Members discharged from psychiatric inpatient settings.

This notice confirms that the financial incentive will be in effect beginning January 1, 2026, through December 31, 2026, using the prior approved incentive payment model as well as a new incentive shared between Mental Health Inpatient providers in the value-based programming initiative and MH OP / PHP clinics. The first incentive payment will be administered using the following criteria:

- If provider 7-day follow up percentage is <50%, the bonus incentive per qualifying follow up appointment will not be applied (\$0).
- If provider 7-day follow up percentage is >=50% to <80%, the bonus incentive per qualifying follow up appointment is \$150.
- If provider 7-day follow up percentage is >=80% to 100%, the bonus incentive per qualifying follow up appointment is \$200.

Provider-specific follow-up reports will be provided on a quarterly basis and payment associated with this measure will be on a semiannual basis.

In addition, a second incentive payment that began in CY 2023 is continued in 2026, shared between MH IP facilities in the VBP and MH OP Clinic/PHP facilities in the FUH VBP that incentivizes improved discharge planning when Members shared between the MH IP facility and FUH providers meet both the readmission criteria and the 7 Day FUH HEDIS Measure standard.

The combined measure is for MH IP VBP Providers and MH OP Clinic/PHP Providers who have shared Members between the MH IP Facility who discharged the Member after an indexed or first admission to a facility and the MH OP Clinic/PHP provider for Members who meet both the 7-day HEDIS FUH standard and who are not readmitted to an any IP facility within 30 days of discharge from one of the 17 MH IP VBP facilities. The 17 MH IP VBP facilities are below:

BELMONT BEHAVIORAL HOSPITAL
BROOK GLEN BEHAVIORAL HOSPITAL
CLARION PSYCHIATRIC CENTER
FAIRMOUNT BH IP PSYCH
FRIENDS BH SYS IP PSYCH
HAVEN BEHAVIORAL HOSPITAL IP PSYCH
HOLY SPIRIT HOSP IP HOSP
HORSHAM CLINIC IP PSYCH
LANCASTER BEHAVIORAL HEALTH HOSPITAL

MALVERN CONSTITUTION LLC IP PSYCH
MEADOWS PSYCH CTR IP PSYCH
PA PSYCHIATRIC INSTITUTE IP PSYCH
READING BEHAVIORAL HEALTHCARE
ROXBURY PSYCHIATRIC HOSP IP PSYCH
SOUTHWOOD PSYCH HOSP IP PSYCH
WELLSPAN PHILHAVEN IP PSYCH
YORK HOSPITAL BH SVCS IP HOSP

The outcome measures eligible for bonus payments are based on IPRO readmission definitions and HEDIS 7 day follow up after hospitalization standards approved by OMHSAS.

The incentive payment will be made for Members who have both-a FUH visit within 7 days and who is NOT readmitted to **any** IP facility within 30 days after discharge. These Members meet both the HEDIS 7-day standard for an appointment after discharge from an index admission and are Members who are not readmitted to any MH IP facility within 30 days of discharge from the index admission. The HEDIS 7-day measure, includes qualifying FUH visits with dates of service within 7 days of hospital discharge, and not on the same day as the hospital discharge.

The combined MH IP and MH OP Clinic/PHP shared savings pool is capped at \$500,000. This measure will be calculated for CY 2026 in May of 2027 after 2026 claims runout is complete. PerformCare will calculate the number of Members who are discharged from one of the 17 MH IP VBP facilities who have both a FUH within 7 days AND who are not readmitted within 30 days to any MH IP unit. The total number of Members who meet both the Readmission and FUH benchmarks will be divided into the shared savings pool to arrive at a per Member incentive amount. That amount will then be shared 50% with the MH IP Unit and 50% with the FUH OP/PHP provider. The defined cap on the total dollar amount of the shared savings pool can be removed or adjusted prior to the end of year distribution at the sole discretion of CABHC and based on realized savings based on the performance of the VBP measure.

Examples:

Example 1

Member 1 is admitted to inpatient facility A, is discharged, and is seen by OP/PHP Facility X within 7 days. Member 1 is not readmitted to any MH IP facility within 30 days of discharge. Facility A and Facility X both receive an incentive payment for that Member from the combined incentive pool, whether the IP facility A met the shared saving target or whether the OP/PHP Facility X met the 50% or 80% FUH benchmark.

Example 2

Member 2 is admitted to inpatient facility B, is discharged, and is not seen within 7 days by an OP/PHP provider. Neither the MH IP facility nor the MH OP/PHP to which the member was referred receives an incentive payment from the Transitions to Community shared savings pool.

Example 3

Member 3 is admitted to inpatient facility C, is discharged, and is seen by OP/PHP Facility Y within 7 days. However, Member 3 is admitted to an MH IP facility within 30 days of discharge from Facility C. Neither the MH IP facility nor the MH OP/PHP facility Y receives an incentive payment from the Transitions to Community shared savings pool.

cc: Lisa Hanzel, PerformCare
Scott Suhring, Capital Area Behavioral Health Collaborative
PerformCare Account Executives