J&K SEMINARS HOME STUDY CE TEST

Suicide Assessment & Management

Ethical Standards of Care & Preventing Medical Errors

Presented By: M. David Rudd, Ph.D., ABPP (R0707)

Test Tips:

1. Test questions are in the same order as the presentation.
2. The enclosed handouts supplement the program, but were not used to write this test.
3. If you think a test question is ambiguous, please write notes next to the question to justify your answer. We will score the item correct if it seems clear you listened to the program.

To receive CE Credit: Listen to the program. Complete attached CE test and Feedback Form.

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CC# ________ Exp Date ________
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There is no time limit to submit this test. You must score 75% or better for CE documentation. If you do not score at least 75%, we will send you a retest. Only one retest is permitted. There is no time limit to submit a retest.

Please Check Your Profession(s)

- Psychologist
- Social Worker
- Counselor
- Nurse
- MFT
- PA School Personnel
- D&A Professional
- Occupational Therapist

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Suicide Assessment & Management

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Test Taker Information

Please print information exactly as you wish it to appear on your CE certificate.

Name___________________________________________   Credentials (e.g. Ph.D., LCSW)_____________

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Mailing Address to receive CE certificate: ___ Home   ___ Work

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City________________________________________State_______Zip________________

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WARNING: You must complete this test alone. It is unethical to consult with others about the answers to this test.

Instructions: Circle the most correct answer based on the presentation. If you think a question is ambiguous, please write notes next to the question to justify your answer.

1  The intent to die is fluid.
   a.   True
   b.   False

2  Approximately 10% of mental health professionals will have a patient commit suicide.
   a.   True
   b.   False

3  At least 215 subjects died by suicide in clinical trials of anti-depressants.
   a.   True
   b.   False

4  The risk of suicide is highest the first week following discharge from hospital evaluation for suicidal thinking.
   a.   True
   b.   False

5  Suicide of mental health patients is always foreseeable.
   a.   True
   b.   False

6  It is important to record discrepancies between self-report and screening instruments.
   a.   True
   b.   False

7  Therapists should acknowledge suicide as a patient’s option.
   a.   True
   b.   False

MORNING BREAK
8. Informed consent should raise the issue of death as a risk of treatment.
   a. True
   b. False

9. Dr. Rudd’s suicidal patients understand that he will not see them for a week following a suicide attempt.
   a. True
   b. False

10. All people have a suicidal mode.
    a. True
    b. False

11. The Beck instrument is more predictive of suicidal risk than asking how depressed and hopeless a person is.
    a. True
    b. False

LUNCH

12. It is wise to document a ‘prediction of suicide’ in the records of high risk suicidal patients.
    a. True
    b. False

13. It is desirable to document non-lethal behaviors as ‘gestures.’
    a. True
    b. False

14. It is important to document the presence or absence of injuries following suicide attempts.
    a. True
    b. False

15. Patients who are thinking about death should be documented as suicidal.
    a. True
    b. False

16. Patients at highest risk tend to withhold information about the contemplated method of suicide.
    a. True
    b. False

17. Prior suicide attempts are an ‘aggravating’ risk factor.
    a. True
    b. False

18. Willingness to participate in therapy is an indication of hope.
    a. True
    b. False

19. It is desirable to assess current suicide crises before inquiring about past suicide incidents.
    a. True
    b. False

20. Frequency of suicidal thoughts is more important than duration of suicidal thoughts.
    a. True
    b. False

21. Pregnancy is a protective factor, especially for bipolar patients.
    a. True
    b. False
22 There is empirical data to support the superiority of inpatient compared to outpatient treatment for patients at chronic risk of suicide.
   a. True
   b. False

23 Dr. Rudd never uses telephone monitoring with suicidal clients.
   a. True
   b. False

24 Access to firearms always requires documentation of direction and follow-up.
   a. True
   b. False

25 It is desirable to quote actual patient statements regarding suicidal intent.
   a. True
   b. False

26 No-suicide contracts reduce potential liability in the event the patient commits suicide.
   a. True
   b. False

27 Treatment agreements are appropriate with high risk patients.
   a. True
   b. False

28 It is important for patients to show items in their ‘hope boxes’ to their therapist.
   a. True
   b. False

29 Crisis Response Plans should include external interventions.
   a. True
   b. False

30 Exploring clients’ feelings is a first positive step in responding to client provocations.
   a. True
   b. False

### END ###

**WARNING:** You must complete this test alone. It is unethical to consult with others about the answers to this test.

I have completed this home study CE course and I have taken this test without help or consultation.

_______________________________________________________       _____________________                   ____________
Signature        Degree/License                                Date
Feedback Form

Suicide Assessment & Management

Presented By: M. David Rudd, Ph.D., ABPP (R0707)

Dear Participant:
Thank you for completing this program. We value your comments. Please complete and return this form with your test.

1. How helpful was the program in increasing your understanding of:

   1) Understanding Suicidality and the Standard of Care ................................. 5 4 3 2 1
   2) A Model for Suicide Risk Assessment ....................................................... 5 4 3 2 1
   3) Suicide Intervention and Management ....................................................... 5 4 3 2 1
   4) The Essentials of Documentation .............................................................. 5 4 3 2 1

2. How effective was Dr. David Rudd in presenting this program? Very Effective Ineffective 5 4 3 2 1

3. How knowledgeable was Dr. David Rudd regarding the material he presented? Most Knowledgeable Least Knowledgeable 5 4 3 2 1

   Comments regarding Dr. David Rudd’s quality of instruction and teaching ability:

4. BEFORE you began this program, how valuable did you anticipate this program would be for you? Very Valuable No Value 5 4 3 2 1

5. NOW that you have finished this program, how valuable did you find it? Very Valuable No Value 5 4 3 2 1

Have you completed other J&K Seminar home study programs? ____Yes ____No

Now that you have completed this program, how inclined are you to order other programs? Highly Inclined Somewhat Inclined Disinclined 5 4 3 2 1

   Comments:

Additional Overall Comments, Criticisms, Compliments and Suggestions (What can we do to improve our programs?):